



# City of Takoma Park, Maryland Mayoral Proclamation

*PROCLAIMING MARCH 20, 2019 AS “MEATOUT DAY”*

- WHEREAS,** environmental sustainability is a priority for the City of Takoma Park; and
- WHEREAS,** a whole food, plant-based diet reduces our risk of various ailments, including heart disease, high-blood pressure, stroke, various cancers, and diabetes; and
- WHEREAS,** a plant-based diet helps protect the environment by reducing our carbon footprint, preserving forests, grasslands and wildlife habitats, and reduces pollution of waterways; and
- WHEREAS,** the United Nations’ Food and Agriculture Organization estimates that the meat industry generates nearly one-fifth of the man-made greenhouse gas emissions that are accelerating climate change worldwide; and
- WHEREAS,** an estimated 1,800 to 2,500 gallons of water go into producing a single pound of beef; and
- WHEREAS,** studies have shown that plant-based foods use fewer resources and cause less pollution; and
- WHEREAS,** a growing number of people are reducing their meat consumption to protect their health and the environment, as well as to help prevent animal cruelty; and
- WHEREAS,** since MeatOut was launched in 1985, more than 35 million Americans have explored a plant-based diet and reduced their consumption of meat, dairy, and eggs; and major food manufacturers and national franchises are marketing more meat-free options in response to this growing demand.

**NOW, THEREFORE I, KATE STEWART, MAYOR OF THE CITY OF TAKOMA PARK, MARYLAND** do hereby pronounce March 20, 2019 as “MeatOut Day” and encourage all residents to reduce their meat consumption and to add more plant-based foods into their diets as a way to help protect the environment, their health, and animals and to explore the variety of vegetarian cuisine offered in our community.

*Dated this 20th day of March, 2019.*

**Kate Stewart  
Mayor**

Attest:

Jessie Carpenter, CMC  
City Clerk